

FACT SHEET #2

EXPLORING



A book is a complete toy that can be looked at, touched, handled and therefore used to play with.

You can do simple activities with your child to explore books using all his senses! Give him a book that can go in the bath or **be chewed**. Watch your baby manipulate the book or put it in his mouth. Your baby will love making noise with the pages, scratching at the texture with his fingers and **looking at the colours and pictures**.

Gradually teach him how to look at a book: **how to turn the pages**, hold it open and so on. Your toddler will quickly figure out how a book works and enjoy turning the pages with you, several at a time at first, then, with some practise, he'll learn to turn them one by one.

BABIES AND TODDLERS OFTEN EXPLORE TOYS BY PUTTING THEM IN THEIR MOUTH.