

FACT SHEET #5

PLAYING



There are several ways to make the most of reading with your child.

Reading is one of the most enjoyable activities you can do with your child. When you read to her regularly, you foster your child's development. **Reading helps with language acquisition,** teaches your child to listen and prepares her to recognize written words.

It's also an opportunity for you to spend time together in a relaxed, fun and emotionally satisfying way. Playing with your child and a book, **even just for five minutes,** is giving her a gift that will last a lifetime.

BOOKS ARE THE NUMBER ONE TOY TO HELP YOUR CHILD'S DEVELOPMENT.