

## FACT SHEET #6

# BOOKS ACCORDING TO AGE

When introduced early on, books become a source of fun and enjoyment. In addition to being fascinating toys, they are also a source of comfort that strengthens the parent-child bond.

**0-12  
MONTHS  
OLD**

- Babies discover books through their senses. Let them touch, smell and even chew on them.
- Choose cardboard, texture or picture books.
- Show your baby pictures, especially of other babies, and describe them.

**1-3  
YEARS  
OLD**

- Initiate your child to the actions associated with reading, such as how to hold a book and turn the pages.
- Re-read your child's favourite stories often so that she learns words and remembers them.
- Stop your reading from time to time to ask your child questions. This will teach her how to listen and understand better.

**3-5  
YEARS  
OLD**

- Ask your child to imagine the continuation of the story you just read.
- Highlight the baby-friendly images so that your baby starts to "photograph" the simple words that are part of his daily routine. This is the first step to learning how to read.
- The pictures and stories let your child imagine himself there: this will help him tell you about what he's experiencing through what he sees happening in the book.