

FACT SHEET #10

“MOMMY, DADDY, READ ME THE STORY AGAIN!”

Whatever your child’s age, she’s sure to have one or more favourite books. She’ll ask you to read the same story over and over again and never seem to get tired of it.

Why? **Because she experienced a feeling of well-being when the book was read to her before, and wants to feel that way again.** Also, because your little one needs to look at a book and hear a story several times before she is able to absorb everything it contains (words, pictures, characters and story).

It’s rewarding and reassuring for your child to be familiar with the elements of the story and be able to anticipate them.

Through repetition of the same story, your child feels as if she has **some control over what happens next and the emotions it evokes in her.** By observing your child’s reactions while you read, you might

notice, for example, that she hides under the blankets when she knows the ogre is going to show up on the next page, or show delight as you approach the story’s happy ending. She experiences the same pleasures each time the story is read. And since she does not yet have much capacity for generalizing what she is learning, it may take a while before she discovers that another book can give her just as much enjoyment.

